# 令和5年度　特定健康診査日程表

| 市町村等 | 4月 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 |
| 水戸市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 土浦市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 古河市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 石岡市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 結城市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 龍ケ崎市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 下妻市 | | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | |
| 常総市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 茨城町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大洗町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 東海村 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 那珂市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 常陸大宮市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大子町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鹿嶋市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 神栖市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 潮来市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 美浦村 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 阿見町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 牛久市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 河内町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 八千代町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 五霞町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 境町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| つくば市 | | | | | | | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | ○ | | |
| ひたちなか市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 城里町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 稲敷市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 坂東市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 筑西市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かすみがうら市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 行方市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 桜川市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鉾田市 | | | | | | ○ | ○ | ○ | | ○ | | ○ | ○ | ○ | ○ | | | | ○ | ○ | ○ | | ○ | ○ | ○ | ○ | | | | |
| つくばみらい市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 笠間市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 小美玉市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 |

| | 5月 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 市町村等 |
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| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | |
| 水戸市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 水戸市 |
| 土浦市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 土浦市 |
| 古河市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 古河市 |
| 石岡市 | | | | | | | | | | | | | | | ○ | | | | | | | ○ | ○ | | ○ | ○ | ○ | | | | | 石岡市 |
| 結城市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 結城市 |
| 龍ケ崎市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 龍ケ崎市 |
| 下妻市 | | | | | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | ○ | | | ○ | ○ | ○ | 下妻市 |
| 常総市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 常総市 |
| 茨城町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 茨城町 |
| 大洗町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ○ | ○ | 大洗町 |
| 東海村 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 東海村 |
| 那珂市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 那珂市 |
| 常陸大宮市 | | | | | | | | | | ○ | ○ | ○ | | | | | | | | | ○ | | ○ | | | | | ○ | ○ | | | 常陸大宮市 |
| 大子町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 大子町 |
| 鹿嶋市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 鹿嶋市 |
| 神栖市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 神栖市 |
| 潮来市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 潮来市 |
| 美浦村 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 美浦村 |
| 阿見町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 阿見町 |
| 牛久市 | | | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | ○ | | | | | | | | 牛久市 |
| 河内町 | | | | | | | | | | | | | | | | | | | | | | | | ○ | | | | | | ○ | ○ | 河内町 |
| 八千代町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 八千代町 |
| 五霞町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 五霞町 |
| 境町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | 境町 |
| つくば市 | | | | | | | | ○ | ○ | ○ | ○ | | ○ | ○ | ○ | ○ | ○ | ○ | ○ | | | | | | | | ○ | ○ | ○ | ○ | ○ | つくば市 |
| ひたちなか市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ひたちなか市 |
| 城里町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ○ | ○ | | 城里町 |
| 稲敷市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 稲敷市 |
| 坂東市 | | | | | | | | | | | ○ | ○ | | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | 坂東市 |
| 筑西市 | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | ○ | ○ | ○ | ○ | | | | | | | | 筑西市 |
| かすみがうら市 | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | かすみがうら市 |
| 行方市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 行方市 |
| 桜川市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 桜川市 |
| 鉾田市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 鉾田市 |
| つくばみらい市 | | | | | | | | | | ○ | | | | | | | | | | | | | | | | ○ | | ○ | | | | つくばみらい市 |
| 笠間市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 笠間市 |
| 小美玉市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 小美玉市 |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | |

〔令和5年4月1日現在〕

# 令和5年度　特定健康診査日程表

| 市町村等 | 6月 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 |
| 水戸市 | | | | | | | | | | | | | | | | | | | | | | | | | | | |○| | |
| 土浦市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 古河市 | | | | | | | | | | | | |○|○|○| | | | | | | | | | | | | | | |
| 石岡市 | | | | | | | | | | | | |○| | | |○| | | | | | | | | | | |○|○|
| 結城市 | | | | | | | | | | | | | | | | | | | | | | | | |○|○| |○|○|○|
| 龍ケ崎市 | | | | | | | | | | | | | | | | | | | | |○|○|○| | | | | | | |
| 下妻市 |○| | | | | | | | | | | | | | | | | | | | | | | | | | | |○|○|
| 常総市 | | | | | | | | | | | | | | | | | | | | | |○|○|○|○|○|○| | | |
| 茨城町 | | | | | | | | | | | |○|○| |○|○| | | | |○|○| |○| | | | | |○|
| 大洗町 | | | | | | | | | | | | | | | |○| | | | | | | | | | | | |○| |
| 東海村 | | | | | | | | |○|○| |○|○| | | | | | | | | |○|○| |○|○|○|○| |
| 那珂市 | | | | | | | | | | | | | |○| | | | |○| | | | | | | | | | | |
| 常陸大宮市 |○| | |○| | | | | | | | | | | | |○| | |○| | | | | | | | | | |
| 大子町 | | | | | | | | | | |○|○|○| | | | |○|○| | | | | |○|○| | | | |
| 鹿嶋市 |○|○| |○| | |○|○|○| | |○| |○|○|○| | |○| | | |○| | | | | | |○|
| 神栖市 | | | | | | | | | | | | | | | | | | |○|○|○|○| | | | |○|○|○|○|
| 潮来市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 美浦村 | | | | | | | | | | | | | | | |○| |○|○|○| | | | | | | | | | |
| 阿見町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 牛久市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 河内町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 八千代町 | | | | | | | | | | | | | | | |○| |○|○|○|○| | | | | | | | | |
| 五霞町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 境町 | |○| |○|○| | | | | | | | | | | | | | | | | | | | | | | | | |
| つくば市 |○| | | | |○|○| | | | | | | | | | | | | | | | | | | | | | | |
| ひたちなか市 | | | | | | | | | | | | | | | | | | | | | |○|○| | |○|○| | | |
| 城里町 |○|○| | | | | | | | | | | | | | | | | | | | | | | | | |○| | |
| 稲敷市 | | | | | | | | | | | | | | | | | | | | | | | | |○|○|○|○| | |
| 坂東市 | | | | | | | | |○|○| |○|○|○|○|○| | |○|○| | | | | | | | | | |
| 筑西市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| かすみがうら市 | | | | | | | | |○|○| | | | | | | | | | | | | | | | | | | | |
| 行方市 |○|○|○| |○| | | | | |○| |○|○|○| | | | | | | | | | | | | | | |
| 桜川市 | | | | | |○|○|○|○|○|○| | | | | | | | | | | | | | | | | | | |
| 鉾田市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| つくばみらい市 | | | | | | | | | | | | | | | | | | | | | | | | | |○|○|○| | |
| 笠間市 | | | | |○|○| | | | | | | |○|○|○| | | |○|○| | | | | | | | |○|
| 小美玉市 | | | | | | |○|○| | | | | |○|○| | | | | |○| | | | | | | |○|○|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 |

| 7月 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 市町村等 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | |
| | |○|○| | | | | | | | |○|○| | | | | |○|○| | | |○|○| | | |○|○| 水戸市 |
| | | | | | | | | | |○|○| | | | | | | | | | | |○|○|○|○| | | | | 土浦市 |
| | | | | | | | | | | | | |○| | | | | | |○| | |○|○|○| | | | | | 古河市 |
| | | | |○|○| | | | | | | | | | | | | | | | | | | | | | | | | | 石岡市 |
| | | | | | | | | | | |○|○| | | | | |○|○|○| | |○| | | | | | | | 結城市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | |○|○| | | | 龍ケ崎市 |
|○| |○| | | | | | | | | | | | | | | | | | | | | | | | | | | | | 下妻市 |
| | | | | |○|○|○| | | | | | | | | | | |○|○| | |○| | | | | |○| | 常総市 |
| | | | | | |○| |○|○| | | | | | | | | | | | | | | | | | | | | | 茨城町 |
| | | | | | | | | | |○| | | | | | | | | | | | | | | | | | | | | 大洗町 |
|○| |○|○|○|○|○|○| |○| | | | | | | | | | | | | | | | | | | | | | 東海村 |
| | | | | | | | | | | | |○|○| | | |○|○| | | | | | | | | | | |○| 那珂市 |
| | | | | | | | | | |○| |○| | | | |○| | | |○| | | |○| | | | | | 常陸大宮市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 大子町 |
|○| |○|○|○| | | | | | | | | | | | | | | | | | | | | | | | | | | 鹿嶋市 |
| |○| | | |○|○|○| | | | | | | | | | | | |○|○| | | | | | | | |○| 神栖市 |
| | | | | | | | | |○|○|○|○|○| | | |○|○| | | |○| |○|○| |○| |○|○| 潮来市 |
| | | | | | | | | | | | | | | | | |○|○|○| | |○|○| | | | | | | | 美浦村 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 阿見町 |
| | | | | | | | | |○|○|○|○|○| | | | | |○|○| | | | | | | | | | | 牛久市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 河内町 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 八千代町 |
| | | | | |○|○|○| | | | | | | | | | | | | | | | | | | | | | | 五霞町 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 境町 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | つくば市 |
| | | |○| | | | | |○|○| | | | | | | | | |○| |○|○|○| | | | | | | ひたちなか市 |
| | | | |○|○| | | | | | | | | | | | | | | | | | | | | |○| | | | 城里町 |
| | | | | | | | | | | | | | | | | |○|○|○| | | | | | | | | | | | 稲敷市 |
| | | | | | | | | | | |○|○|○| | | |○|○| | | | | | | | | | | | | 坂東市 |
| | | | | | | | | | | | | | | | | | | | | | | | |○|○|○|○|○| |○| 筑西市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | かすみがうら市 |
|○| |○|○|○| | | | | | | | | | | | | | | | | | | | | | | | | | | 行方市 |
| | | | | | | | | | | | | | | | | | | | | | | | |○|○|○|○|○| | | 桜川市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 鉾田市 |
| | | | |○|○| | | | | | | | | | | | | | | | | | | | | | | | | | つくばみらい市 |
| |○| | | | | | | | | |○| |○| | | |○|○| |○| | |○| |○|○|○| | | | 笠間市 |
| | | | | | | | | | | | | | | | | | |○| | | | | | | |○|○|○| | | 小美玉市 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | |

〔令和5年4月1日現在〕

# 令和5年度　特定健康診査日程表

| 市町村等 | 8月 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 |
| 水戸市 |  | ○ | ○ |  |  |  |  |  | ○ |  |  |  |  |  |  |  |  |  | ○ |  | ○ | ○ |  |  |  | ○ |  |  | ○ | ○ | ○ |
| 土浦市 |  |  | ○ | ○ |  |  |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ |  | ○ | ○ | ○ | ○ | ○ |
| 古河市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ |  |  |  |  |  | ○ | ○ | ○ |
| 石岡市 |  |  |  |  |  |  | ○ | ○ |  |  |  |  |  |  |  |  | ○ | ○ |  |  | ○ |  |  |  |  |  |  |  |  |  |  |
| 結城市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ |  | ○ |  |  |  | ○ | ○ | ○ |  |  |  |  |  |  |
| 龍ケ崎市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ |  |  |  |  |  |  |
| 下妻市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 常総市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 茨城町 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 大洗町 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ |
| 東海村 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 那珂市 |  |  |  |  |  |  |  | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ |
| 常陸大宮市 |  | ○ | ○ |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  |
| 大子町 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ |  |  |
| 鹿嶋市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 神栖市 | ○ | ○ | ○ | ○ |  | ○ | ○ | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ | ○ |
| 潮来市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 美浦村 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 阿見町 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ |  |  |  | ○ | ○ |  |  |  |  |  |  |  |  |  |
| 牛久市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 河内町 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 八千代町 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 五霞町 |  |  |  | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 境町 |  |  |  |  |  |  | ○ | ○ | ○ |  |  |  |  |  |  |  |  | ○ |  | ○ | ○ | ○ | ○ | ○ | ○ | ○ |  | ○ | ○ |  |  |
| つくば市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ひたちなか市 |  | ○ |  |  |  |  | ○ | ○ |  |  |  |  |  |  |  |  |  | ○ |  |  | ○ | ○ | ○ | ○ |  |  |  |  |  |  |  |
| 城里町 | ○ | ○ |  |  | ○ |  | ○ |  |  |  |  |  |  |  |  |  | ○ | ○ |  |  |  |  |  |  |  |  | ○ | ○ |  |  |  |
| 稲敷市 | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 坂東市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 筑西市 | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ |  |
| かすみがうら市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ |
| 行方市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 桜川市 |  |  |  |  |  | ○ | ○ | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 鉾田市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| つくばみらい市 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 笠間市 | ○ |  | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ |  |  |  | ○ | ○ |  | ○ |  |  |  |  | ○ |  |
| 小美玉市 | ○ |  |  | ○ |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ |  |  | ○ |  |  |  |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 |

| 9月 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 市町村等 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | |
|  |  |  |  | ○ | ○ | ○ | ○ | ○ |  |  |  |  |  |  |  |  |  | ○ |  |  |  | ○ |  |  | ○ | ○ | ○ |  |  | 水戸市 |
|  |  |  |  |  |  |  |  |  |  |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ | ○ | 土浦市 |
|  |  |  | ○ | ○ |  | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ |  | ○ | ○ | ○ | ○ |  |  |  | 古河市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ |  |  |  |  | 石岡市 |
|  |  |  |  |  |  |  |  |  | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 結城市 |
|  |  |  |  |  |  |  |  |  |  | ○ | ○ |  |  |  |  |  |  | ○ | ○ | ○ | ○ | ○ |  |  |  |  |  |  |  | 龍ケ崎市 |
| ○ | ○ |  | ○ | ○ | ○ | ○ | ○ |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 下妻市 |
| ○ | ○ |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ |  | 常総市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 茨城町 |
|  |  |  |  |  |  |  |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 大洗町 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 東海村 |
|  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ |  |  |  |  |  | ○ |  |  |  |  |  | ○ |  |  |  | 那珂市 |
|  |  | ○ |  |  | ○ |  |  |  |  |  | ○ |  |  |  |  |  |  |  |  | ○ |  |  |  |  | ○ |  |  |  |  | 常陸大宮市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 大子町 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 鹿嶋市 |
| ○ |  |  | ○ | ○ | ○ | ○ | ○ |  |  | ○ | ○ | ○ | ○ | ○ |  |  |  | ○ | ○ | ○ |  |  |  |  |  |  |  |  |  | 神栖市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 潮来市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 美浦村 |
|  |  |  |  |  |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 阿見町 |
| ○ |  |  | ○ | ○ | ○ | ○ |  |  |  |  | ○ | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 牛久市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 河内町 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 八千代町 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 五霞町 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 境町 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ |  |  |  |  | つくば市 |
|  |  |  | ○ | ○ |  |  | ○ | ○ |  | ○ | ○ | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  | ○ |  |  |  | ひたちなか市 |
| ○ |  |  |  |  | ○ | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 城里町 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 稲敷市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ | ○ |  |  |  |  |  |  |  |  | 坂東市 |
|  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ | ○ |  |  |  | ○ | ○ | ○ | ○ |  |  | ○ | ○ |  | ○ |  |  | 筑西市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ |  |  |  |  | かすみがうら市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 行方市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | 桜川市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ | ○ | ○ |  |  |  |  | ○ | ○ | ○ | 鉾田市 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | つくばみらい市 |
|  |  |  | ○ |  |  |  |  |  |  |  |  |  |  | ○ |  |  |  |  | ○ |  | ○ |  |  | ○ |  |  |  |  |  | 笠間市 |
|  |  |  |  | ○ |  |  | ○ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ○ |  |  |  | ○ | ○ |  | 小美玉市 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | |

〔令和5年4月1日現在〕

# 令和5年度　特定健康診査日程表

10月

| 市町村等 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 |
| 水戸市 | | | ○ | | | | | | | ○ | ○ | ○ | | | | ○ | ○ | | | | | | ○ | ○ | ○ | | | | | | |
| 土浦市 | | | | | | | | | | | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | |
| 古河市 | | | | | ○ | ○ | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | ○ |
| 石岡市 | | | | ○ | ○ | | | | | | | | | | | ○ | | | ○ | | | | | ○ | | | | | | | |
| 結城市 | | | | | | | | | | | | | | | | | | | | | | | | ○ | ○ | | | | | | |
| 龍ケ崎市 | | | | | | | | | | ○ | | | | | | | | | | ○ | ○ | | | | | ○ | ○ | | | | |
| 下妻市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 常総市 | | | | | | | | | | | ○ | ○ | ○ | ○ | | ○ | ○ | | | | | | | | | | | | | | |
| 茨城町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 大洗町 | | ○ | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | |
| 東海村 | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | ○ | ○ | ○ | | ○ | ○ |
| 那珂市 | ○ | ○ | | | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | ○ | |
| 常陸大宮市 | | | | | | | | | | | | | | ○ | | | | | | | | | | | | ○ | | | | | |
| 大子町 | | | | | ○ | ○ | | | | ○ | | | ○ | | | ○ | ○ | | ○ | ○ | | | | | | | | | ○ | | |
| 鹿嶋市 | ○ | ○ | ○ | ○ | ○ | ○ | | | | ○ | ○ | ○ | ○ | ○ | | ○ | | | | | | | ○ | ○ | | | | | | | |
| 神栖市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 潮来市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 美浦村 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 阿見町 | | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | ○ | | |
| 牛久市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 河内町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 八千代町 | | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | ○ | ○ | ○ | ○ | ○ | ○ | | | | |
| 五霞町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 境町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| つくば市 | | ○ | ○ | ○ | | | | | | | | | | ○ | ○ | | | ○ | ○ | ○ | | | | | ○ | ○ | ○ | | | ○ | ○ |
| ひたちなか市 | | ○ | | | | | | | | | | | | | | ○ | | ○ | ○ | | | | | ○ | ○ | | | | | | |
| 城里町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 稲敷市 | | | | | | | | | | ○ | ○ | | | | | | | | ○ | ○ | | | ○ | | | | | | | | |
| 坂東市 | | | ○ | ○ | ○ | ○ | | | | ○ | ○ | ○ | ○ | | ○ | ○ | | | | | | | | | | | | | | | |
| 筑西市 | | | | | | | | | | | | | | | | | | ○ | | | | | ○ | ○ | ○ | ○ | ○ | ○ | | ○ | ○ |
| かすみがうら市 | | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | | |
| 行方市 | | | | | | | | | | | | | | | | | ○ | ○ | | | ○ | | ○ | | ○ | ○ | ○ | | ○ | ○ | |
| 桜川市 | ○ | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鉾田市 | | | | ○ | ○ | ○ | | | | ○ | ○ | ○ | | | | | | | | | | | ○ | ○ | ○ | | ○ | | | | ○ |
| つくばみらい市 | | | | | | | | | | | | | | | | | | | ○ | ○ | | ○ | | | | ○ | ○ | | | | ○ |
| 笠間市 | | | ○ | | ○ | ○ | | | | | | | ○ | | | | | | | ○ | | | | | | | | ○ | | | ○ |
| 小美玉市 | | | ○ | ○ | | | | | | | | | | | | | | | | | | ○ | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 |

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| 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | |
| | | | | | | ○ | | | ○ | | | ○ | ○ | | | | ○ | | ○ | ○ | | | | | | | | | ○ | 水戸市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 土浦市 |
| ○ | ○ | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | 古河市 |
| | | | | | | | ○ | ○ | | | | ○ | ○ | ○ | | | ○ | | | | | | | | | | ○ | ○ | | 石岡市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | ○ | ○ | 結城市 |
| | | | | | | | | | | | ○ | | | | | | | | | | ○ | | | | | | ○ | ○ | | 龍ケ崎市 |
| | | | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | 下妻市 |
| | ○ | | | | ○ | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | 常総市 |
| | | | | | | | | | | ○ | | ○ | ○ | | | ○ | | | | | | | | | | ○ | | ○ | ○ | 茨城町 |
| | | | | | ○ | | | | | | | | | ○ | | | | | | | | | | | | | | | ○ | 大洗町 |
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| ○ | ○ | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | ○ | | | | 那珂市 |
| ○ | | | | | | ○ | | | | | ○ | | | | | | | | | | | | | | | | | ○ | | 常陸大宮市 |
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| | | | | | | | | | | | | | | | | ○ | | | | ○ | | | | | | | | | ○ | 阿見町 |
| | | | | | | | | | | | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | ○ | | | ○ | 牛久市 |
| | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | | | | | | | | | | 河内町 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 八千代町 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 五霞町 |
| | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | ○ | ○ | | | | | | | | | 境町 |
| ○ | ○ | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | つくば市 |
| | | | | | ○ | | ○ | ○ | ○ | ○ | | | ○ | ○ | | | | | ○ | ○ | | | | | | | | ○ | | ひたちなか市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | ○ | | | 城里町 |
| ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 稲敷市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 坂東市 |
| ○ | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | ○ | ○ | | | | | ○ | ○ | ○ | ○ | 筑西市 |
| | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | | かすみがうら市 |
| | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | 行方市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 桜川市 |
| ○ | ○ | | | | ○ | ○ | ○ | ○ | | | | | | | | ○ | | ○ | ○ | ○ | | | | | | | ○ | | | 鉾田市 |
| | ○ | | | | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | つくばみらい市 |
| | | | | | | | ○ | | | | | | | | | ○ | ○ | | | | ○ | | | | | ○ | ○ | | | 笠間市 |
| | ○ | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | 小美玉市 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
| 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | |

〔令和5年4月1日現在〕

# 令和5年度　特定健康診査日程表

| 市町村等 | 12月 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 |
| 水戸市 | ○ | | ○ | ○ | | | | ○ | ○ | | | ○ | ○ | | | | | | | ○ | ○ | ○ | | | | | | | | | |
| 土浦市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 古河市 | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | ○ | ○ | | | | | | | | |
| 石岡市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 結城市 | | | | | | | ○ | ○ | ○ | | ○ | | | | | | | | | | | | | | | | | | | | |
| 龍ケ崎市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 下妻市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 常総市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 茨城町 | | | | | | ○ | ○ | | | | ○ | ○ | | | ○ | | | ○ | | | | | | | | | | | | | |
| 大洗町 | | | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | |
| 東海村 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 那珂市 | ○ | ○ | | ○ | | | | | | | | ○ | | | | | | | | | | | | | | | | | | | |
| 常陸大宮市 | ○ | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | |
| 大子町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 鹿嶋市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 神栖市 | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | |
| 潮来市 | | | ○ | | | ○ | ○ | ○ | | | | | ○ | ○ | | | ○ | ○ | | | | | | | | | | | | | |
| 美浦村 | | | | | | | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | |
| 阿見町 | ○ | | | | | ○ | | ○ | ○ | | | ○ | ○ | | | | | ○ | ○ | ○ | | ○ | | | | | | | | | |
| 牛久市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 河内町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 八千代町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 五霞町 | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 境町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| つくば市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ひたちなか市 | | | | | | ○ | | | | ○ | | | | | | | | | | ○ | ○ | ○ | | | | | | | | | |
| 城里町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 稲敷市 | | | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | | | | |
| 坂東市 | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | |
| 筑西市 | ○ | ○ | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | |
| かすみがうら市 | | ○ | | ○ | | | | | | | | | | | | | | | | | | ○ | | ○ | ○ | | | | | | |
| 行方市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 桜川市 | | | | | ○ | | | | ○ | | | | | ○ | | | | | | | | | | | | | | | | | |
| 鉾田市 | | | | | | | | ○ | ○ | | | | | ○ | ○ | | | ○ | ○ | ○ | ○ | | | | | | | | | | |
| つくばみらい市 | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | | | |
| 笠間市 | | | | | ○ | | | | | | ○ | | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | |
| 小美玉市 | | | | | | ○ | ○ | | | | | | ○ | | | | | | | | | ○ | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 |

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| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | |
| | | | | | | | | | | | | | | | | | ○ | ○ | | | | | | ○ | | | | | ○ | | 水戸市 |
| | | | | | | | | | | | | | | | | | | | | | | | | ○ | | | | | | | 土浦市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | ○ | | ○ | | ○ | ○ | 古河市 |
| | | | | | | | | | | | | | | | | | | | | | ○ | ○ | | ○ | ○ | | | ○ | ○ | | 石岡市 |
| | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | 結城市 |
| | | | | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | | | | | | | | 龍ケ崎市 |
| | | | | | | | | | | | | | | | | | | | | | | | | ○ | | | | ○ | ○ | | 下妻市 |
| | | | | | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | ○ | ○ | | | | | | 常総市 |
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| | | | | | | | | | ○ | ○ | ○ | ○ | | ○ | ○ | | | | | | | | | | | | | | | | 鹿嶋市 |
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| | | | | | | | | | | | ○ | | ○ | | | | | | | | | | | | | | | | | | 八千代町 |
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| | | | | | | | | | | | ○ | | | | | | | | | | ○ | ○ | | | | | | ○ | | | ひたちなか市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 城里町 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 稲敷市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 坂東市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 筑西市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | ○ | ○ | | | かすみがうら市 |
| | | | | | | | | | | | | | | | | ○ | ○ | ○ | ○ | | | | | | | | | | | | 行方市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 桜川市 |
| | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | | | 鉾田市 |
| | | | | | | | | | | | | | | | | | ○ | ○ | ○ | | | | | | | | | | | | つくばみらい市 |
| | | | | | | | | | | | ○ | | | ○ | | | | | | | | | | | | | | | | | 笠間市 |
| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 小美玉市 |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | |

〔令和5年4月1日現在〕

# 令和5年度　特定健康診査日程表

| 市町村等 | 2月 | | | | | | | | | | | | | | | | | | | | | | | | | | | 3月 | | | | | | | | | | | | | | | | | | | | | | | | | 市町村等 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | |
| 水戸市 | ○ | | | | | | | | | | | | | | | | ○ | | ○ | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 水戸市 |
| 土浦市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 土浦市 |
| 古河市 | ○ | ○ | ○ | | | ○ | ○ | ○ | ○ | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 古河市 |
| 石岡市 | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 石岡市 |
| 結城市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 結城市 |
| 龍ケ崎市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 龍ケ崎市 |
| 下妻市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 下妻市 |
| 常総市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 常総市 |
| 茨城町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 茨城町 |
| 大洗町 | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 大洗町 |
| 東海村 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 東海村 |
| 那珂市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 那珂市 |
| 常陸大宮市 | | | | | | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 常陸大宮市 |
| 大子町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 大子町 |
| 鹿嶋市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 鹿嶋市 |
| 神栖市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 神栖市 |
| 潮来市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 潮来市 |
| 美浦村 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 美浦村 |
| 阿見町 | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 阿見町 |
| 牛久市 | ○ | ○ | | ○ | ○ | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 牛久市 |
| 河内町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 河内町 |
| 八千代町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 八千代町 |
| 五霞町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 五霞町 |
| 境町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 境町 |
| つくば市 | | | | | | | | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | つくば市 |
| ひたちなか市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | ひたちなか市 |
| 城里町 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 城里町 |
| 稲敷市 | | | | | | | | | | | | | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 稲敷市 |
| 坂東市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 坂東市 |
| 筑西市 | | | | | | | | | | | | | | | ○ | ○ | ○ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 筑西市 |
| かすみがうら市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | かすみがうら市 |
| 行方市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 行方市 |
| 桜川市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 桜川市 |
| 鉾田市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 鉾田市 |
| つくばみらい市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | つくばみらい市 |
| 笠間市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 笠間市 |
| 小美玉市 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | 小美玉市 |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | |
| | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | 月 | 火 | 水 | 木 | 金 | 土 | 日 | |

〔令和5年4月1日現在〕